EMERGENCY ESSENTIALS KIT

BE PREPARED!

PRINT A COPY OF THIS EMERGENCY ESSENTIALS LIST AND TAKE IT WITH YOU TO THE STORE.

FOOD

- ☐ 7 day supply of non-perishable food that doesn't need cooking
- ☐ Hand-operated can opener
- ☐ Plastic plates, cups and utensils

WATER

- ☐ One gallon of drinking water per person per day enough for 7 days

FIRST AID

- ☐ American Red Cross approved first aid kit
- ☐ Backup prescriptions for essential medications

PERSONAL HYGIENE

- ☐ Hand sanitizer or disinfectant wipes
- ☐ Toilet paper, paper towels and garbage bags
- ☐ Dental care and vision products
- ☐ Travel-size soaps and other beauty supplies
- ☐ Change of clothes, pair of shoes and blanket per person

CLEAN AIR ITEMS

- ☐ Nose and mouth protection masks (N-95 rating)
- ☐ Plastic sheeting
- ☐ Duct tape

BABY ITEMS

- ☐ Formula, bottles and powdered milk
- ☐ Diapers
- ☐ Baby wipes
- ☐ Diaper rash ointment

LIGHTING

- ☐ Flashlights for each family member with extra batteries
- ☐ Fluorescent lanterns for each common area
- ☐ Waterproof matches or a utility lighter

COMMUNICATION

- ☐ Portable, battery-powered radio
- ☐ Landline phone with long cord
- ☐ Extra batteries for flashlights, lanterns and radio
- ☐ Extra cell phone battery or car charger
- ☐ Whistle

FAMILY SAFETY ITEMS

- ☐ Smoke detector with battery for each floor
- ☐ Carbon monoxide detector with battery backup
- ☐ Fire extinguisher
- ☐ Non-scented bleach for sanitization
- ☐ Sunscreen
- ☐ Insect repellent
- ☐ Shovel and basic tools

TRANSPORTATION ITEMS

- ☐ State and regional road maps
- ☐ Basic repair items (tools, tire patch kit, engine oil)
- ☐ Games, books and puzzles

PET NEEDS

- ☐ 7 day supply of non-perishable pet food and
- ☐ water
- ☐ Cage or pet carrier and leash
- ☐ Pet medications and pet first aid kit
- ☐ Current photo in case you are separated
- ☐ Cat litter and box
- ☐ Pet bed and toys

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